DR. PHILIP F. RÜTHER

Doctor of Chinese Medicine | Acupuncturist (A10473-CM / AC)
Doctor of Medicine (University of Lübeck, Germany)
Energy Medicine | Biological Cancer Medicine (AGO, Solingen)
Chirotherapie (DGCO, Germany) | Holistic Treatment Concepts

Dr Philip F. Rüther is a registered Medical Practitioner in Germany and a registered Doctor of Chinese Medicine and Acupuncture in South Africa.
He uses a personal and holistic approach, combining ancient and traditional knowledge, guided by modern scientific research to treat the whole patient, not just the symptoms. He integrates and balances both Eastern and Western medical philosophies. In combining these systems he individually serves his patients needs.

A comprehensive holistic patient assesment is the key to diagnosis as it includes taking an in-depth medical history, pulse and tongue diagnosis as well as a thorough physical examination. This extensive medical assessment leads to a better understanding of how symptoms are related to the patient's body and mind equilibrium. Formulation of an individualized and holistic treatment plan then enables Dr. Rüther to address the patient´s needs and approach treatment with holistic respect.

TREATMENTS AND DIAGNOSTIC MODALITIES

CHINESE MEDICINE

Traditional chinese medicine is largely based on the philosophical concept that the human body is a small universe with a set of complete and sophisticated interconnected systems, and that those systems usually work in balance to maintain the healthy function of the body.

ACUPUNCTURE

Traditional Chinese Acupuncture focuses on restoring a balanced, harmonious energy flow and in doing so, helps the body to heal itself. It involves inserting very fine needles into the skin to stimulate specific Acupuncture Points along the surface of the body.

MOXIBUSTION

The use of Moxa is a traditional Chinese Medical Therapy technique that involves the burning of mugwort – a small spongy herb – to facilitate healing. It can be used indirectly, with acupuncture needles or sometimes directly on a patient's skin or near the skin surface.

HERBAL MEDICINE

In China, herbal medicine is considered as the primary therapeutic modality of Internal Medicine. Considered as the most sophisticated system of herbal medicine it dates back to as early as 500 B.C.

CUPPING

A type of Chinese massage, Cupping consists of placing several glass "cups" on the body. A lighter is lit on the jar to create a vacuum. The jar is then placed on the skin surface. The vacuum action aids removal of toxins and increases circulation in the affected area.

AURICOLOTHERAPIE

This is a special form of acupuncture which is applied specifically at the ear of the patient. It is based on the idea that the ear is a micro-system with the entire body represented on the auricle, the outer portion of the ear.

BIOLOGICAL CANCER MEDICINE

Cancer is an illness involving the body, mind and soul. Standard therapy includes Surgery, Radiation and Chemotherapy, which have succeeded in some types of cancer. Biological Cancer Medicine offers a variety of holistic treatment options including nutritional therapy, herbal medicine and detoxification as well as counseling and work on the human electromagnetic energy field to boost natural defence systems. It is these vital systems that suffer under aggressive allopathic cancer treatment.

INDIVIDUAL DETOX PROGRAMMES

Detox Foot Spa treatment is designed to re-balance electro-chemical properties of the body. The bio-energiser detox rebalances positive and negative ions in the body, ph level imbalances and acidity, creating renewed energy levels while gently expelling unwanted toxins and heavy metals.

ENERGY MEDICINE

Modern science tells us that the human organism is not just physical matter made of molecules, but that like everything else we are also composed of energy fields, created by the countless interactions of information and electric currents which run through our bodies. Energy medicine focuses on the balance of these electromagnetic fields with various therapeutic techniques.

TUINA | CHIROTHERAPY

Tuina is a form of massage similar to acupressure (from which SHIATSU evolved). Chirotherapy is a form of manual manipulation of subluxated joints and vertebrae.

Dr. Rüther also engages in the aetiological (causal relationship) studies of autoimmune-disease and chronic pain syndromes.
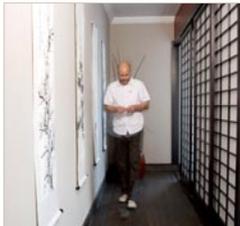
SYMPTOMS AND CONDITIONS

We treat a wide range of conditions using an holistic approach. We target the source of the problem, rather than simply treating the symptoms. The source of any disease or pain is seen as an imbalance therefore a variety of conditions can be treated with this approach. **Great success can be achieved in especially the following conditions:**

>> Chronic stress-related conditions, including chronic fatigue, ME, burn out, tinnitus, insomnia, dysbiosis and IBS
>> Chronic skin conditions such as eczema, psoriasis, neurodermatitis and acne
>> Allergies such as sinusitis, hay fever, dermatitis
>> Auto-immune diseases, including Crohn's disease, rheumatism and Grave's disease
>> Chronic and acute pain, including lower back pain, sciatica, neck pain, neck spasms, arthritis and migraine or Fiobromyalgia
>> Gynecological disorders such as infertility, amenorrhea, dysmenorrhea, PMS and peri-menopausal syndromes
>> Lifestyle related syndromes including smoking, detoxification, slimming, hair loss and stress management
>> Psychological disorders including anxiety, depression and addictions
>> Cancer and the side effects of allopathic cancer treatments such as radiotherapy and chemotherapy

Please feel free to contact us for further information regarding your specific condition or problem. I am looking forward to seeing you.

Dr. Philip F. Rüther